

ABSTRAK

Penelitian ini bertujuan mengetahui profil pengobatan pasien hipertensi dan kesesuaian pengobatan berdasarkan pedoman terapi di Puskesmas Sukorame pada bulan Desember 2019. Jenis penelitian ini merupakan penelitian *non eksperimental* secara deskriptif dengan teknik sampling *total sampling* dan didapatkan jumlah sampel sebanyak 175 pasien dengan pengambilan data berdasarkan rekam medis pasien. Analisis data dilakukan secara deskriptif, sehingga menghasilkan angka persentase dari golongan obat antihipertensi, jenis obat antihipertensi, dan kesesuaian pengobatan dengan pedoman terapi pada bulan Desember 2019.

Hasil penelitian menunjukkan bahwa pola pengobatan pasien hipertensi dengan pengobatan tunggal yaitu amlodipin 5 mg sebanyak 116 (70,3%), amlodipin 10 mg 34 (20,6%), captopril 12,5 mg sebanyak 10 (6,1 %). Pola pengobatan pasien hipertensi dengan pengobatan kombinasi amlodipin 5 mg + hidroklorotazid 25 mg sebanyak 2 (20%), Amlodipin 5mg + Furosemid 20 mg sebanyak 1 (10%), Furosemid 20 mg+ candesartan 8 mg sebanyak 1 (10%), Furosemid 20 mg+ spironolacton 100mg sebanyak 1 (10%), Amlodipin 5 mg+ Valsartan 80mg sebanyak 1 (10%), Amlodipin 5mg + candesartan 8 mg sebanyak 1(10%), Amlodipin 10 mg+ irbesartan 150 mg sebanyak 1 (10%), Irbesartan 150 mg + Bisoprolol 5 mg sebanyak 1 (10%), dan Bisoprolol 2,5 mg+ Lisinopril 10 mg sebanyak 1 (10%). Hasil yang didapat pada kesesuaian pengobatan pasien hipertensi dengan pedoman terapi di Puskesmas Sukorame, yaitu tepat pasien 100%, tepat indikasi 100%, tepat dosis 100%, tepat obat 95,4% dan tepat frekuensi 98,85% .

Kata Kunci: hipertensi, kesesuaian terapi, profil pengobatan.

ABSTRACT

This study aims to determine the treatment profile of hypertensive patients and the suitability of treatment based on therapy guidelines at the Sukorame Health Center in December 2019. This type of research is a descriptive non-experimental study with a total sampling technique and a total sample size of 175 patients was obtained with data collection based on the patient's medical record. The data was carried out descriptively, resulting in percentage figures for the class of antihypertensive drugs, types of antihypertensive drugs, and the suitability of treatment with therapy guidelines in December 2019.

The results showed that the pattern of treatment for hypertensive patients with single treatment was 116 (70.3%) 5 mg amlodipine, 34 (20.6%) 10 mg amlodipine, 10 (6.1%) captopril 12.5 mg. Treatment pattern of hypertensive patients with combination treatment of 2 mg of amlodipine + 25 mg of hydrochlorothiazide, 1 (10%) of Amlodipine 5mg + 20 mg of Furosemide, 1 (10%) of Furosemide 20 mg + 8 mg of candesartan, 20 mg of Furosemide + 1 (10%) 100 mg spironolacton 1 (10%) Amlodipine 5 mg + Valsartan 80 mg 1 (10%) Amlodipine 5 mg + 8 mg candesartan 10 mg Amlodipine + 1 (10%) irbesartan 150 mg, Irbesartan 150 mg + Bisoprolol 5 mg as much as 1 (10%), and Bisoprolol 2.5 mg + Lisinopril 10 mg as much as 1 (10%). The results obtained on the suitability of treatment of hypertensive patients with therapy guidelines at Sukorame Public Health Center, namely 100% correct patient, 100% correct indication, 100% correct dose, 95.4% correct drug and 98.85% correct frequency.

Keywords: *Hypertension, appropriateness of therapy, treatment profile.*